



INTERNAL MEMO

Date:	29 March 2021		
To:	Minister ZL Mkhize, Honorable Minister of Health	From:	Ministerial Advisory Committee (MAC) on COVID-19

UPDATED ADVISORY ON IVERMECTIN

Statement

The MAC on COVID-19 notes the pending court cases in which the court is being asked to overrule SAHPRA's regulatory authority so that ivermectin can be made available without registration in South Africa. The MAC has released advisories on three previous occasions on the topic, but wishes to affirm that:

- The peer-reviewed literature on the topic does not support ivermectin's use as either prophylaxis or treatment for COVID-19.¹
- The National Essential Medicines Committee's COVID-19 subcommittee's recent rapid reviews on ivermectin, which include preprints that have not yet been peer-reviewed, concluded that there is insufficient evidence to recommend ivermectin as prophylaxis or treatment for COVID-19.^{2,3} This comports with SAHPRA's own evidence review on the topic, as well as that of Merck, the drug's own manufacturer.⁴ The MAC agrees with these appraisals.
- The drug is not recommended by the World Health Organization for the treatment of COVID-19.

Recommendations

 We recommend that the Department of Health publicly announces that (a) ivermectin is currently not recommended as either prophylaxis or treatment for COVID-19, pending further data, and that (b) the department supports the vital role SAHPRA plays in regulating medicines, specifically including ivermectin.

¹ López-Medina E, López P, Hurtado IC, et al. Effect of Ivermectin on Time to Resolution of Symptoms Among Adults With Mild COVID-19: A Randomized Clinical Trial. *JAMA*. Published online March 04, 2021. doi:10.1001/jama.2021.3071

 $^{2\} http://www.health.gov.za/wp-content/uploads/2021/01/Rapid-review-of-lvermectin-for-COVID-19_25January2021.pdf$

³ http://www.health.gov.za/wp-content/uploads/2021/01/Rapid-review-of-Ivermectin-for-prophylaxis-of-COVID-19 25January2021.pdf

⁴ https://www.merck.com/news/merck-statement-on-ivermectin-use-during-the-covid-19-pandemic/

Thank you for consideration.

Kind regards,

PROF MARIAN JACOBS

Marian Jacobs

CO-CHAIRPERSONS: MINISTERIAL ADVISORY COMMITTEE ON COVID-19

DATE: 29 March 2021

CC:

» Dr S Buthelezi (Director-General)

- » Dr T Pillay (Deputy Director-General)
- » Incident Management Team