



### South African National Department of Health Rapid Review Report Component: COVID-19

# TITLE: BACILLE CALMETTE-GUÉRIN (BCG) VACCINE FOR PREVENTING SARS-CoV-2 INFECTION OR IMPROVING COVID-19 OUTCOMES: EVIDENCE REVIEW OF CLINICAL BENEFITS AND HARMS

### Date: 20 May 2022 (Update of initial review of 27 May 2020)

### **Key findings**

- An initial rapid review of available evidence was conducted in May 2020 to evaluate the efficacy and safety of BCG for preventing COVID-19 infection and improving outcomes in confirmed infection. However, there was insufficient evidence to support the inclusion of BCG vaccine in prevention or treatment guidelines for COVID-19.
- An updated search was conducted in May 2022 and 1 RCT of relevance was identified.
- Regarding cumulative incidences of documented COVID-19; 14.2% (102/753) in the BCG vs 15.2% (108/758) in the placebo group (adjusted hazard ratio (aHR) 0.94, 95%CI: 0.72 to 1.24) had documented COVID-19.
- One person in the BCG group vs 2 participants in the placebo group (HR, 95% CI: 0.32, 0.03 to 3.59) were hospitalized for COVID-19.
- There were 31 serious adverse events that occurred; 13 after BCG and 18 after placebo, but none were considered related to study medication.
- There is currently insufficient evidence to support the inclusion of BCG vaccine in prevention or treatment guidelines for COVID-19.

| NEML MAC ON COVID-19 THERAPEUTICS RECOMMENDATION:  |  |   |  |   |   |
|--|--|---|--|---|---|
| Type of  | We recommend<br>against the option and<br>for the alternative<br><b>(strong)</b> | We suggest not to use<br>the option or<br>to use the alternative<br>(conditional) | We suggest using either<br>the option or the<br>alternative<br>(conditional) | We suggest<br>using the option<br>(conditional) | We recommend<br>the option<br><b>(strong)</b> |
| recommendation   |  | X   |  |   |   |
| <b>Recommendation:</b> The NEML MAC on COVID-19 Therapeutics suggests that BCG vaccines not be recommended |  |   |  |   |   |

**Recommendation:** The NEML MAC on COVID-19 Therapeutics suggests that BCG vaccines not be recommended for the prevention of COVID-19 infection.

*Rationale:* Evidence from a single RCT suggests that there is no difference in COVID infections, hospitalisations or deaths (very low certainty evidence).

### Level of Evidence: Low certainty evidence Review indicator: Additional high-quality evidence

(Refer to appendix 2 for the evidence to decision framework)

**NEML MAC ON COVID-19 Therapeutics:** Andy Parrish (chair), Gary Reubenson (vice-chair), Marc Blockman, Karen Cohen, Andy Gray, Tamara Kredo, Renee De Waal, Jeremy Nel, Helen Rees. Secretariat: Trudy Leong, Milli Reddy.

### PROSPERO registration: CRD42021286710

### BACKGROUND

Effective options to prevent infection with SARS-CoV-2 and improve outcomes of patients with COVID-19 need to be identified urgently.

The BCG vaccine, a live attenuated strain of *Mycobacterium bovis*, was first used in humans in 1921<sup>1</sup>. BCG vaccination was introduced in South Africa in 1973 and is given intradermally at birth using the Danish BCG strain<sup>2</sup>. There are several strains of the vaccine, which have different microbiological properties<sup>2</sup>.

Much remains unknown about the mechanism of action of the BCG vaccine and which conditions it protects against. In 2017 WHO reviewed the use of BCG vaccine for protection against mycobacterial infections including tuberculosis (TB), leprosy and other nontuberculous mycobacteria infections, making a series of recommendations for use of the vaccine in different populations, including for re-vaccination in adolescents and adults<sup>3 4</sup>. WHO noted that BCG vaccination prevents severe forms of TB in children, especially TB meningitis and disseminated TB. This is the primary indication for the vaccine.

There is experimental evidence from both animal<sup>5</sup> and human studies<sup>6</sup> that the BCG vaccine has non-specific effects on the immune system which confers protection against conditions other than TB. Studies have linked BCG to protection against a range of pathogens, including: a decreased childhood mortality from infections unrelated to tuberculosis, *Staphylococcus aureus*, and fungi such as *Candida albicans*<sup>7</sup>. Importantly, the BCG vaccine has possibly reduced the severity of infections by other viruses, such as yellow fever<sup>8</sup>. BCG is also used as an adjuvant immunotherapy for patients with non-muscle-invasive bladder cancer and is postulated to have beneficial impacts on other types of cancer, eczema and other allergic conditions, type-1 diabetes and multiple sclerosis, amongst other conditions<sup>3 8</sup> <sup>99</sup>However, these effects have not been well characterized and the clinical relevance is unclear. Mechanisms of protective actions may include molecular similarity between BCG antigens and viral or other antigens, activation of bystander B and T cells (heterologous immunity) and long-term activation and reprogramming of innate immune cells (trained immunity)<sup>10</sup>.

Ecological studies have reported an association between BCG and COVID-19<sup>11 12</sup>. Countries which have not had a policy of universal BCG vaccination, such as Italy and the USA, have experienced higher rates of COVID-19 mortality per million population than places with long-standing universal BCG vaccination policies, such as South Korea and Japan. There are many possible explanations for the difference in mortality due to COVID-19 observed, including differences in COVID-19 testing strategies, reporting biases in COVID-19 deaths, variations in the effectiveness of COVID-19 prevention and treatment between countries, differences between countries in demographics and prevalence of comorbidities, and the various stages of the pandemic in countries. There is also little evidence of whether the association between COVID-19 mortality and BCG vaccination observed in between-country comparisons hold within countries (i.e., whether patterns of COVID-19 mortality at sub-national level are associated with variations in coverage of BCG vaccination in different parts of the country, and with changes in coverage over time). One study in Israel compared the number of cases of COVID-19 in symptomatic adults who were born three years before and after the change in BCG vaccination policy<sup>13</sup>. Rates of SARS-CoV-2 infection were similar in vaccinated and unvaccinated groups. Even though such studies may provide useful information, they remain ecological studies involving analyses at a population and not individual level.

Given the uncertainty in the current evidence base, this review aimed to evaluate the reported benefits and harms of BCG prevention and treatment strategies in patients with COVID-19.

**RESEARCH QUESTION:** Does Bacille Calmette-guérin (BCG) Vaccine prevent SARS-COV-2 infection and improve COVID-19 Outcomes?

#### **METHODS**

In May 2020 a rapid review of the evidence was conducted including a systematic search on the Medline (Pubmed) electronic database and a search of the COVID-19 'Living synthesis of study results' resource maintained by WHO and partners (<u>https://www.who.int/teams/blueprint/covid-19</u>). At that time two electronic databases of clinical trial

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registries: Cochrane COVID-19 register (<u>https://covid-19.cochrane.org/</u>) and the Network Meta-analysis website (<u>www.covid-nma.com</u>) was searched.

At that time one systematic review was identified and the review quality assessed using the AMSTAR criteria<sup>14</sup>. As evidence was limited in 2020, a search was also conducted for non-randomised studies (case reports, case series, non-randomised cohorts).

This is the first update of the initial review conducted in 2020. Two electronic databases were systematically searched (Pubmed and <u>www.covid-nma.com</u>) on 9 May 2022. One reviewer (MR) conducted screening of records and data extraction, with results reviewed and checked by another reviewer (JN). Records were screened to identify new systematic reviews, meta- analyses and RCTs evaluating the effect of BCG compared to standard of care or placebo in the prevention and management of COVID-19. The search strategy is shown in Appendix 1.

In addition, the robustness of the selected RCTs will be measured using the fragility index.

#### Eligibility criteria for review

- **Population:** Patients at risk of COVID-19 infection or with COVID-19 disease. No restriction on age.
- Intervention: Bacillus Calmette–Guérin (BCG) vaccination, regardless of BCG strain, either alone or in combination with other medicines. No restriction on previous vaccination, vaccine dose, route of delivery, frequency, or timing with respect to onset of symptoms/severity of disease.
- Comparators: Any (no BCG vaccine, placebo, or other active comparator).
- Outcomes: Incidence of SARS-CoV-2 infection, incidence of clinical and laboratory-confirmed COVID-19, mortality, hospitalisation, duration of hospitalisation, time to negative SARS-CoV2 PCR on nasopharyngeal swab, duration of ICU stay, duration of mechanical ventilation, adverse events, adverse reactions.

Study designs: Randomised controlled trials, systematic reviews and meta-analyses of studies.

#### RESULTS

The initial Medline (PubMed) search was done on 2 May 2020. Six titles/abstracts were identified, none of which were eligible. The Cochrane register search located seven items, none of which were eligible. One systematic review report was identified, published on 12 April 2020 by WHO<sup>15</sup>. The review was a product of WHO's ongoing evidence review of the major scientific databases and clinical trial repositories, using English, French and Chinese search terms for COVID-19, coronavirus, SARS-CoV-2 and BCG. No eligible studies were identified in that review. The review was considered high-quality, based on the review report and review protocol<sup>16</sup>.

Ten randomised controlled trial protocols were identified, one of which was in South Africa, which is testing the efficacy of BCG revaccination among health workers<sup>17</sup>. The other studies were in Australia<sup>18</sup>, Brazil<sup>19</sup>, Columbia<sup>20</sup>, Denmark<sup>21</sup>, Egypt<sup>22</sup>, France<sup>23</sup>, the Netherlands<sup>24</sup> <sup>25</sup> and the Unites States<sup>26</sup>. All trials were being conducted among health care workers, aside from the trial in Brazil, which is among patients with laboratory or clinical-epidemiological confirmed cases of COVID-19, and one of the trials in the Netherlands which was among elderly people<sup>25</sup>.

In 2022, through weekly surveillance of living maps and publications we identified an RCT<sup>27</sup> on BCG vaccination to reduce healthcare worker absenteeism in the COVID-19 pandemic. This triggered an update of the initial BCG review (27 May 2020). In May 2022 a search on Pubmed resulted in 11 articles and a search on COVID-NMA resulted in 1 article. The 11 studies from Pubmed were considered 'not relevant'. The reasons for exclusion included : not specific to COVID-19 infection (n=3), reviewed experimental vaccines for COVID-19 (n=1), summary of a protocol (n=1), not a meta-analysis of RCTs (n=2), revaccination versus placebo to prevent tuberculosis and leprosy (n=1), case reports of

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reactivation of BCG vaccine scars (n=1), not specific to BCG vaccine (n=1), and revaccination in a phase II trial (n=1). The RCT from the Covid-nma.com was also excluded because it was a Phase II trial. Therefore, in total 12 studies were excluded.

Table 1 describes the main characteristics and outcomes of the 1 included RCT. Table 2 summarises the results. Table 3 lists the excluded studies and table 4 describes planned and ongoing registered studies.

### **Effects of intervention(s)**

The outcomes for the data from 1 RCT conducted in health care workers, comparing BCG to placebo is summarised here.

Adult (≥18 years of age), health care workers with expected exposure to COVID-19 patients as part of their clinical duties from nine Dutch Hospitals were included in this partially blinded RCT. Participants were randomized (1:1) to BCG 0.1 mL of the Danish strain 1331, SSI, Denmark, equivalent to 0.075 mg

attenuated Mycobacterium bovis, or 0.1 mL of normal saline solution as an intradermal injection and followed up for 1 year through a mobile phone application.

### Primary Outcomes:

None reported relevant to review eligibility criteria

### Secondary Outcomes of relevance to PICO:

**Cumulative incidences of documented COVID-19:** 14.2% (102/753) in the BCG vs 15.2% (108/758) in the placebo group (adjusted hazard ratio (aHR) 0.94, 95%CI: 0.72 to 1.24).

**COVID-19 Hospitalizations:** 1 in the BCG group vs 2 in the placebo group (HR, 95% CI: 0.32, 0.03 to 3.59)

Adverse Events: 31 serious adverse events (13 after BCG vs 18 after placebo), n=0 considered related to study medication

*Fragility index:* The fragility index for the index trial, by both exact and chi<sup>2</sup>, was calculated as zero (emphasising the fragility of the trial data).

### CONCLUSION

The one RCT reviewed found no effect of BCG vaccination on documented COVID-19 disease among health care workers in the Netherlands. There is currently insufficient evidence to support the inclusion of BCG vaccine in prevention or treatment guidelines for COVID-19.

Reviewers: Milli Reddy, Jeremy Nel, Helen Rees

**Declaration of interests:** MR (Better Health Program, South Africa), JN (Department of Medicine, Faculty of Health Sciences, University of the Witwatersrand and HR (Wits Reproductive Health and HIV Institute, Faculty of Health Sciences, University of the Witwatersrand), MR (Better Health Program, South Africa) have no interests to declare in respect of BCG vaccination.

### Table 1. Characteristics of included studies

| Citation          | Study design     | Population (n)       | Treatment             | Main findings  | Risk of bias assessment  |
|-------------------|------------------|----------------------|-----------------------|--|--|
| Doesschate et al. | BCG-CORONA:      | 1511 participants    | BCG: 0.1 mL of the    | Median duration of follow-up: BCG vs Placebo               | Overall risk of bias: HIGH RISK                                  |
| BCG vaccine to    | parallel,        | were randomized      | Danish strain 1331,   | 358 person-days (inter quartile range 351-361) vs 355 (IQR |  |
| reduce            | partially        |                      | SSI, Denmark,         | 351-361)   | Randomisation: Participants and study personal                   |
| healthcare        | blinded,         | n=9 hospitals in the | equivalent to         |  | conducting follow up were blinded but blinding was only          |
| worker            | placebo-         | Netherlands          | 0.075mg               | Primary Outcomes:  | partially possible due to the local reaction that occurs with    |
| absenteeism in    | controlled RCT   |                      | attenuated            | None relevant to review eligibility criteria               | a BCG vaccination: HIGH RISK                                     |
| COVID-19          |                  | Exclusion criteria:  | Mycobacterium         |  |  |
| pandemic, a       | Randomization    | allergy to BCG,      | bovis                 | Secondary Outcomes:  | Deviations from intervention: LOW RISK                           |
| randomized        | from 24 March    | active /latent       |                       | Cumulative incidences of documented COVID-19: 14.2%        |  |
| controlled trial. | 2020 to 23       | Mycobacterium        | VS                    | (102/753) in the BCG vs 15.2% (108/758) in the placebo     | Missing outcome data: No noticeable differential loss to         |
| Clin Microbiol    | April 2020.      | tuberculosis         |                       | group (adjusted hazard ratio (aHR) 0.94, 95%CI: 0.72 to    | follow-up between groups: LOW RISK                               |
| Infect. 2022 Apr  | Database         | infection, any other | 0.1 mL of normal      | 1.24).   |  |
| 28:S1198-         | locked on 18     | active infection,    | saline solution as an |  | • <i>Measurement of the outcome</i> : Self-reporting of symptoms |
| 743X(22)00214-    | April 2021.      | immunocompromise     | intradermal           | COVID-19 Hospitalizations: 1 in the BCG group vs 2 in the  | and COVID-19 test results by participants carried a risk of      |
| 2. doi:           |                  | d state, current/    | injection (placebo)   | placebo group (HR, 95% CI: 0.32, 0.03 to 3.59)             | under-detection and/or misclassifications of endpoints.          |
| 10.1016/j.cmi.20  | Subjects         | planned pregnancy    |                       |  | Adjustment to the weekly instead of daily self-reporting of      |
| 22.04.009. Epub   | followed for 1   |                      |                       | Adverse Events: 31 serious adverse events (13 after BCG vs | symptoms, provided a risk of recall bias; HIGH RISK              |
| ahead of print.   | year using a     |                      |                       | 18 after placebo), n=0 considered related to study         | -,   |
| PMID: 35489606;   | mobile phone     |                      |                       | medication.  | Selection of the reported results: I OW RISK                     |
| PMCID:            | application      |                      |                       |  |  |
| PMC9046133.       |                  |                      |                       |  |  |
|                   | ClinicalTrials.g |                      |                       |  |  |
|                   | ov               |                      |                       |  |  |
|                   | (NCT03987919     |                      |                       |  |  |
|                   | ,                |                      |                       |  |  |
|                   | NCT04328441)     |                      |                       |  |  |

### **Table 2: Summary of findings**

### Question: Does Bacille Calmette-guérin (BCG) Vaccine prevent SARS-COV-2 infection and improve COVID-19 Outcomes?

| Certainty assessment      |                     |                      | No of patients       |                    | Effect             |                             |                  |
|---------------------------|---------------------|----------------------|----------------------|--------------------|--------------------|-----------------------------|------------------|
| № of studies              | Study design        | Risk of bias         | Other considerations | BCG                | placebo            | Relative<br>(95% Cl)        | Certainty        |
| Cumulative incid          | lences of documente | d COVID-19           |                      |                    |                    |                             |                  |
| 1                         | RCT                 | seriousª             | none                 | 102/753<br>(14.2%) | 108/758<br>(15.2%) | aHR 0.94<br>(0.72 to 1.24). | ⊕⊖⊖⊖<br>Very low |
| COVID-19 Hospitalizations |                     |                      |                      |                    |                    |                             |                  |
| 1                         | RCT                 | serious <sup>a</sup> | none                 | 1                  | 2                  | aHR 0.32<br>(0.03 to 3.59)  | ⊕○○○<br>Very low |
| Adverse Events            |                     |                      |                      |                    |                    |                             |                  |
| 1                         | RCT                 | serious <sup>a</sup> | none                 | 0                  | 0                  | Not reported                | ⊕○○○<br>Very low |

CI: confidence interval; RCT: randomised control trial; RR: risk ratio

#### Explanations

a. Risk of bias downgraded by 1 level: some concerns regarding adequate randomization, deviation from intended intervention and selection of reported results

b. Due to wide confidence interval consistent with the possibility for benefit and the possibility for harm and low number of participants and events

c. Inconsistency downgraded by 1 level: I<sup>2</sup>=:60.5%.

### Table 3. List of Excluded Studies

| #   | Citation   | Reason for exclusion  |
|-----|--|---|
| 1.  | Giamarellos-Bourboulis EJ, et al. Activate: Randomized Clinical Trial of BCG Vaccination against Infection in the Elderly. Cell. 2020 Oct 15;183(2):315-323.e9. doi: 10.1016/j.cell.2020.08.051. Epub 2020 Sep 1. PMID: 32941801; PMCID: PMC7462457.   | Not specific to COVID-19  |
| 2.  | Checcucci E, et al. The vaccine journey for COVID-19: a comprehensive systematic review of current clinical trials in humans. Panminerva Med. 2022 Mar;64(1):72-79. doi: 10.23736/S0031-0808.20.03958-0. Epub 2020 May 26. PMID: 32456404.   | Experimental vaccines for COVID-19  |
| 3.  | Junqueira-Kipnis AP, et al. BCG revaccination of health workers in Brazil to improve innate immune responses against COVID-19: A structured summary of a study protocol for a randomised controlled trial. Trials. 2020 Oct 26;21(1):881. doi: 10.1186/s13063-020-04822-0. Erratum in: Trials. 2020 Nov 24;21(1):967. PMID: 33106170; PMCID: PMC7586662. | Summary of a protocol   |
| 4.  | Singh S, et al. BCG vaccination impact on mortality and recovery rates in COVID-19: A meta-analysis. Monaldi Arch Chest Dis. 2021 Aug 9;91(4). doi: 10.4081/monaldi.2021.1875. PMID: 34461704.   | Not a meta-analysis of RCTs   |
| 5.  | Glynn JR, et al. The effect of BCG revaccination on all-cause mortality beyond infancy: 30-year follow-up of a population-based, double-blind, randomised placebo-controlled trial in Malawi. Lancet Infect Dis. 2021 Nov;21(11):1590-1597. doi: 10.1016/S1473-3099(20)30994-4. Epub 2021 Jul 5. PMID: 34237262; PMCID: PMC8550897.                      | Revaccination versus placebo to prevent<br>tuberculosis and leprosy   |
| 6.  | Irfani TH, et al Tuberculosis and Coronavirus Disease 2019 (COVID-19) from A Clinical Perspective: A Systematic Review. Medeni Med J. 2020;35(4):338-343. doi: 10.5222/MMJ.2020.36775. Epub 2020 Dec 25. PMID: 33717627; PMCID: PMC7945727.  | Examining the effects of COVID-19 on<br>Tuberculosis (TB) management and to highlight<br>evidence of the extent of TB and COVID-19 co-<br>infection |
| 7.  | Khera D, et al . Does Bacille Calmette-Guérin Vaccination Provides Protection against COVID-19: A Systematic Review and Meta-analysis. Indian J Community Med. 2021 Oct-<br>Dec;46(4):592-599. doi: 10.4103/ijcm.IJCM_952_20. Epub 2021 Dec 8. PMID: 35068716; PMCID: PMC8729290.  | Only observational studies included in the review   |
| 8.  | Mohamed L, et al,. Reactivation of BCG vaccination scars after vaccination with mRNA-Covid-vaccines: two case reports. BMC Infect Dis. 2021 Dec 20;21(1):1264. doi: 10.1186/s12879-021-06949-0. PMID: 34930152; PMCID: PMC8685493.   | Case reports of reactivation of BCG vaccine scars   |
| 9.  | Bhagavathula AS, et al. Vaccines and Drug Therapeutics to Lock Down Novel Coronavirus Disease 2019 (COVID-19): A Systematic Review of Clinical Trials. Cureus. 2020 May 28;12(5):e8342. doi: 10.7759/cureus.8342. PMID: 32494546; PMCID: PMC7263008.   | Not specific to BCG   |
| 10. | Leeson CE et al. Systematic Review: Safety of Intravesical Therapy for Bladder Cancer in the Era of COVID-19. SN Compr Clin Med. 2020;2(9):1444-1448. doi: 10.1007/s42399-020-00461-3. Epub 2020 Aug 18. PMID: 32838196; PMCID: PMC7433676.  | Indication is bladder cancer  |
| 11. | Dos Anjos et al. Efficacy and Safety of BCG Revaccination With M. bovis BCG Moscow to Prevent COVID-19 Infection in Health Care Workers: A Randomized Phase II Clinical Trial.<br>Front Immunol. 2022 Mar 22;13:841868. doi: 10.3389/fimmu.2022.841868. PMID: 35392074; PMCID: PMC8981724.   | Revaccination in a phase II trial   |
| 12. | Usha Padmanabhan, Sanjay Mukherjee, Rohidas Borse, Sameer Joshi, Rajesh Deshmukh. 2020. Phase II Clinical trial for Evaluation of BCG as potential therapy for COVID-19  | Preprint of a Phase II trial  |

### Table 4. Characteristics of planned and ongoing studies

| Treatment (per arm)  | n     | Sponsor/Funder  | Reg. number              | Full text link;  |
|--|-------|---|--------------------------|--|
| BCG vaccine Intracutaneously 0.1ml BCG vaccine, which accounts for 0.075mg of attenuated Mycobacterium bovis.vs Placebo  | 1500  | UMC Utrecht   | NCT04328441              | https://clinicaltrials.gov/ct2/show/NCT04328441                            |
| Biological: Ad26 COVID-19 Spike plus TICE® BCG Mix for Intradermal Injection   | 20    | Han Xu, M.D., Ph.D., FAPCR, Sponsor-<br>Investigator, IRB Chair                                     | NCT02403505              | https://clinicaltrials.gov/ct2/show/NCT02403505                            |
| BCG vaccine vs 0.9% sodium chloride (NaCl) saline solution   | 725   | Universidade Federal do Rio de Janeiro  | NCT04659941              | https://clinicaltrials.gov/ct2/show/NCT04659941                            |
| CoronaVac <sup>®</sup> plus TICE <sup>®</sup> BCG Mix for Intradermal Injection  | 20    | Han Xu, M.D., Ph.D., FAPCR, Sponsor-<br>Investigator, IRB Chair                                     | NCT03348670              | https://clinicaltrials.gov/ct2/show/NCT03348670                            |
| BCG-Denmark vs Saline  | 668   | University of Southern Denmark  | NCT04641858              | https://clinicaltrials.gov/ct2/show/NCT04641858                            |
| BCG vs Saline  | 400   | University of Campinas, Brazil  | NCT04369794              | https://clinicaltrials.gov/ct2/show/NCT04369794                            |
| BCG Vaccine vs 0.9%NaCl  | 10078 | Murdoch Childrens Research Institute  | NCT04327206              | https://clinicaltrials.gov/ct2/show/NCT04327206                            |
| BCG Vaccine vs placebo   | 908   | Hospital Universitario Dr. Jose E. Gonzalez   | NCT0446137               | https://clinicaltrials.gov/ct2/show/NCT0446137                             |
| Bacille Calmette-Guérin (BCG) vs placebo   | 5200  | UMC Utrecht   | NCT04537663              | https://clinicaltrials.gov/ct2/show/NCT04537663                            |
| Biological: BCG vaccine (Freeze-dried)   | 2175  | Tuberculosis Research Centre, India   | NCT04475302              | https://clinicaltrials.gov/ct2/show/NCT04475302?                           |
| BCG vs placebo   | 1120  | Assistance Publique - Hôpitaux de Paris   | NCT04384549              | https://clinicaltrials.gov/ct2/show/NCT04384549                            |
| BCG-Denmark vs Saline  | 1700  | Bandim Health Project   | NCT04542330              | https://clinicaltrials.gov/ct2/show/NCT04542330                            |
| BCG Vaccine vs Placebo   | 1800  | Texas A&M University  | NCT04348370              | https://clinicaltrials.gov/ct2/show/NCT04348370                            |
| Biological: Bacillus Calmette-GuérinBiological: Saline injection   | 150   | Massachusetts General Hospital  | NCT02081326              | https://clinicaltrials.gov/ct2/show/NCT02081326                            |
| VPM1002 vs Placebo   | 59    | Vakzine Projekt Management GmbH   | NCT04387409              | https://clinicaltrials.gov/ct2/show/NCT04387409                            |
| 0.10 mL intradermal injection of BCG Vaccine over the distal<br>insertion of the deltoid muscle onto the humerus. Vs Placebo<br>intradermal injection of 0.1ml of 0.9% NaCl solution | 500   | Professor Alborzi Clinical Microbiology<br>Research Center, Shiraz University of Mdical<br>Sciences | IRCT2020041104701<br>9N1 | https://en.irct.ir/trial/47279   |
| BCG vs Placebo   | 1120  | Assistance Publique Hopitaux de Paris   | 2020-001678-31           | https://www.clinicaltrialsregister.eu/ctr-search/trial/2020-001678-31/FR   |
| Bacille Calmette-Guerin Plus Mitomycin-C   | 500   | UMC Utrecht   | 2020-002503-19           | https://www.clinicaltrialsregister.eu/ctr-search/trial/2020-000235-51/GB   |
| BCG vaccine (Danish strain 1331, SSI, Denmark) VS Placebo  | 1000  | Hungary - National Institute of Pharmacy  | 2020-001783-28           | https://www.clinicaltrialsregister.eu/ctr-search/trial/2020-001783-28/HU   |
| BCG Vaccine Vs Measles, mumps, and rubella vaccine (live)  | 100   | Netherlands - Competent Authority   | 2020-002456-21           | https://www.clinicaltrialsregister.eu/ctr-search/trial/2020-002456-21/NL   |
| Bacillus Calmette-Guerin vs Solution for injection   | 1900  | University of Southern Denmark & Independent Research Fund Denmark                                  | 2020-003904-15           | https://www.clinicaltrialsregister.eu/ctr-search/trial/2020-003904-15/DK   |
| Bacillus Calmette-Guerin Vaccine vs Placebo  | 900   | ACTIVATEII  | 2020-002448-21           | https://www.clinicaltrialsregister.eu/ctr-search/trial/2020-002448-21/GR   |
| Anti-Tuberculosis Vaccine BCG 10 vs Solution for injection   | 1000  | University of Rzeszów & Medical Research<br>Agency (Agencja Badań Medycznych)                       | 2020-002111-22           | https://www.clinicaltrialsregister.eu/ctr-search/trial/2020-002111-22/PL   |
| BCG Vaccine vs Solution for injection  | 1500  | University of Southern Denmark and AJ Vaccines  | 2020-001888-90           | https://www.clinicaltrialsregister.eu/ctr-search/trial/2020-001888-90/DK   |
| BCG vs Solution for injection  | 5200  | UMCU Utrecht and ZonMW  | 2020-003470-47           | https://www.clinicaltrialsregister.eu/ctr-search/trial/2020-003470-47/NL   |
| BCG vaccine vs Concentrate and solvent for solution for injection  | 1000  | University Medical Center Utrecht   | 2020-000919-69           | https://www.clinicaltrialsregister.eu/ctr-search/trial/2020-000919-69/NL#B |

### **Appendix 1: Search strategy**

#### Database A

Search strategy: ((COVID-19[Supplementary Concept]) OR severe acute respiratory syndrome coronavirus 2[Supplementary Concept]) OR ("2019 nCoV"[tiab] OR 2019nCoV[tiab] OR "2019 novel coronavirus"[tiab] OR "COVID 19"[tiab] OR COVID19[tiab] OR "new coronavirus"[tiab] OR "novel coronavirus"[tiab] OR "SARS CoV-2"[tiab] OR (Wuhan[tiab] AND coronavirus[tiab])) AND (("BCG Vaccine"[MeSH]) OR BCG)

Output: In the updated search on 9 May 2022 11 studies were identified, all excluded as not relevant to PICO question

#### Database B

Search strategy: BACILLE CALMETTE-GUÉRIN (BCG)

Output: In the updated search on 9 May 2022 1 study was identified, but excluded as not relevant to PICO question

## Appendix 2: Evidence to decision framework

| Desirable Effects   |   |   |
|---|---|---|
| JUDGEMENT   | RESEARCH EVIDENCE   | ADDITIONAL CONSIDERATIONS   |
| o Trivial<br>o Small<br>o Moderate<br>o Large<br>o Varies<br><b>X Don't know</b>  | <ul> <li>Cumulative incidences of documented COVID-<br/>19: 14.2% (102/753) in the BCG vs 15.2%<br/>(108/758) in the placebo group - aHR 0.94,<br/>95%CI: 0.72 to 1.24.</li> <li>COVID-19 Hospitalizations: 1 in the BCG group<br/>vs 2 in the placebo group - HR, 95% CI: 0.32,<br/>0.03 to 3.59.</li> </ul> |   |
| Undesirable Effects   |   |   |
| JUDGEMENT   | RESEARCH EVIDENCE   | ADDITIONAL CONSIDERATIONS   |
| <ul> <li>o Large</li> <li>o Moderate</li> <li>o Small</li> <li>o Trivial</li> <li>o Varies</li> <li>X Don't know</li> </ul>   | 31 serious adverse events (13 after BCG vs 18 after placebo), n=0 considered related to study medication.   |   |
| Certainty of evidence: What is the overall certa  | inty of the evidence of effects?  |   |
| JUDGEMENT   | RESEARCH EVIDENCE   | ADDITIONAL CONSIDERATIONS   |
| X Very low<br>• Low<br>• Moderate<br>• High<br>• No included studies  |   | Overall risk of bias is high  |
|   |   |   |
| Values: Is there important uncertainty about o  | r variability in how much people value the main outc  | omes?   |
| Values: Is there important uncertainty about o  | r variability in how much people value the main outc  | omes?<br>ADDITIONAL CONSIDERATIONS  |
| Values: Is there important uncertainty about o<br>JUDGEMENT<br><ul> <li>Important uncertainty or variability</li> <li>Possibly important uncertainty or variability</li> <li>X Probably no important uncertainty or<br/>variability</li> <li>No important uncertainty or variability</li> </ul>   | r variability in how much people value the main outc  | omes? ADDITIONAL CONSIDERATIONS   |
| Values: Is there important uncertainty about o<br>JUDGEMENT  O Important uncertainty or variability O Possibly important uncertainty or variability X Probably no important uncertainty or variability O No important uncertainty or variability Balance of effects: Does the balance between o   | r variability in how much people value the main outc<br><b>RESEARCH EVIDENCE</b><br>desirable and undesirable effects favor the intervent   | omes? ADDITIONAL CONSIDERATIONS ion or the comparison?  |
| Values: Is there important uncertainty about o<br>JUDGEMENT<br>O Important uncertainty or variability<br>O Possibly important uncertainty or variability<br>X Probably no important uncertainty or<br>variability<br>O No important uncertainty or variability<br>Balance of effects: Does the balance between of<br>JUDGEMENT  | r variability in how much people value the main outc<br><b>RESEARCH EVIDENCE</b><br>desirable and undesirable effects favor the intervent<br><b>RESEARCH EVIDENCE</b>   | ADDITIONAL CONSIDERATIONS ion or the comparison? ADDITIONAL CONSIDERATIONS                              |
| Values: Is there important uncertainty about o<br>JUDGEMENT  O Important uncertainty or variability O Possibly important uncertainty or variability X Probably no important uncertainty or variability O No important uncertainty or variability Balance of effects: Does the balance between o JUDGEMENT O Favors the comparison O Probably favors the comparison O Does not favor either the intervention or the comparison O Probably favors the intervention O Favors the intervention O Favors the intervention O Varies X Don't know  | r variability in how much people value the main outcome<br>RESEARCH EVIDENCE<br>desirable and undesirable effects favor the intervent<br>RESEARCH EVIDENCE  | ADDITIONAL CONSIDERATIONS ion or the comparison? ADDITIONAL CONSIDERATIONS                              |
| Values: Is there important uncertainty about o<br>JUDGEMENT<br>O Important uncertainty or variability<br>O Possibly important uncertainty or variability<br>X Probably no important uncertainty or<br>variability<br>O No important uncertainty or variability<br>Balance of effects: Does the balance between of<br>JUDGEMENT<br>O Favors the comparison<br>O Probably favors the comparison<br>O Does not favor either the intervention or<br>the comparison<br>O Probably favors the intervention<br>O Favors the intervention<br>O Favors the intervention<br>O Favors the intervention<br>O Varies<br>X Don't know<br>Resources required: How large are the resource | r variability in how much people value the main outcome<br><b>RESEARCH EVIDENCE</b><br>desirable and undesirable effects favor the intervent<br><b>RESEARCH EVIDENCE</b><br>e requirements (costs)?   | ADDITIONAL CONSIDERATIONS ion or the comparison? ADDITIONAL CONSIDERATIONS                              |
| Values: Is there important uncertainty about o<br>JUDGEMENT<br>O Important uncertainty or variability<br>O Possibly important uncertainty or variability<br>X Probably no important uncertainty or<br>variability<br>O No important uncertainty or variability<br>Balance of effects: Does the balance between of<br>JUDGEMENT<br>O Favors the comparison<br>O Probably favors the comparison<br>O Does not favor either the intervention or<br>the comparison<br>O Probably favors the intervention<br>O Favors the intervention<br>O Favors the intervention<br>O Varies<br>X Don't know<br>Resources required: How large are the resource                              | r variability in how much people value the main outcome<br>RESEARCH EVIDENCE  desirable and undesirable effects favor the intervent  RESEARCH EVIDENCE  e requirements (costs)?  RESEARCH EVIDENCE  | ADDITIONAL CONSIDERATIONS  ion or the comparison?  ADDITIONAL CONSIDERATIONS  ADDITIONAL CONSIDERATIONS |

| X Varies<br>o Don't know  |   |   |
|---|---|---|
| Cost effectiveness: Does the cost-effectiveness   | of the intervention favor the intervention or the cor | mparison?   |
| JUDGEMENT   | RESEARCH EVIDENCE                                     | ADDITIONAL CONSIDERATIONS   |
| <ul> <li>o Favors the comparison</li> <li>o Probably favors the comparison</li> <li>o Does not favor either the intervention or the comparison</li> <li>o Probably favors the intervention</li> <li>o Favors the intervention</li> <li>o Varies</li> <li>X No included studies</li> </ul> |   |   |
| Equity: What would be the impact on health eq   | quity?  |   |
| JUDGEMENT   | RESEARCH EVIDENCE                                     | ADDITIONAL CONSIDERATIONS   |
| X Reduced<br>• Probably reduced<br>• Probably no impact<br>• Probably increased<br>• Increased<br>• Varies<br>• Don't know x  |   | All South Africans have access to BCG vaccination   |
| Acceptability: Is the intervention acceptable to  | key stakeholders?                                     |   |
| JUDGEMENT   | RESEARCH EVIDENCE                                     | ADDITIONAL CONSIDERATIONS   |
| <ul> <li>o No</li> <li>o Probably no</li> <li>X Probably yes</li> <li>o Yes</li> <li>o Varies</li> <li>o Don't know</li> </ul>  |   | Majority of South Africans are vaccinated with BCG  |
| Feasibility: Is the intervention feasible to imple  | ment?   |   |
| JUDGEMENT   | RESEARCH EVIDENCE                                     | ADDITIONAL CONSIDERATIONS   |
| <ul> <li>No</li> <li>Probably no</li> <li>X Probably yes</li> <li>Yes</li> <li>Varies</li> <li>Don't know</li> </ul>  |   | BCG vaccine is administered to all South<br>African Citizens as part of the immunization<br>program |

### Appendix 3: Updating of a rapid report

| Date       | Signal                     | Rationale   |
|------------|----------------------------|---|
| 6 May 2022 | Prophylaxis RCT published. | Previous review was not based on an RCT, review to be |
|            |                            | updated with RCT information.                         |

### Version control:

| Version | Date        | Reviewer(s) | Recommendation and Rationale  |
|---------|-------------|-------------|---|
| 1       | 27 May 2002 | MFC, TK, HR | There is currently insufficient evidence to recommend BCG vaccines for the prevention of COVID-19   |
|         |             |             | infection. Further evidence from randomised clinical trials is required to determine the safety and |
|         |             |             | efficacy of BCG vaccination as a preventive therapy.  |
| 2       | 20 May 2022 | MR, JN, HR  | BCG vaccines not be recommended for the prevention of COVID-19 infection as RCT evidence suggests   |
|         |             |             | that there is no difference in COVID infections, hospitalisations or death.                         |

For internal NDoH use: WHO INN: BCG vaccine ATC: L03AX03 ICD10: U07.1/U07.2

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