

NGO FUNDING MEETING



Palliative and Home Based Care Services

NATIONAL DEPARTMENT OF HEALTH (NDoH)

Cluster : HIV and AIDS and STIs



health

Department:
Health
REPUBLIC OF SOUTH AFRICA



Presentation outline



- Palliative care
- Home Based care
- HIV/AIDS, TB and NCDs care and treatment package



health

Department:
Health
REPUBLIC OF SOUTH AFRICA



What is Palliative Care



- Palliative Care is an approach which aims to **improve the quality of life** of patients, caregivers and families facing life **limiting** and **life-threatening illness** by preventing and alleviating suffering through **early identification, assessment and management of pain** and other physical, spiritual or psychosocial conditions.
- The services should be available to all patients as needed from birth until death and should be accessible at all levels of the health care service.
- Palliative care **cuts across all health programs** in the delivery of services.



health

Department:
Health
REPUBLIC OF SOUTH AFRICA



Models of Palliative Care



Model	Model Description
Home-based Palliative Care	<ul style="list-style-type: none"> • A palliative care service provided by professionals and lay caregivers in patients' homes. • Physical, psychosocial and spiritual care is offered. <ul style="list-style-type: none"> ○ This consists of regular palliative assessment by a suitably qualified nurse, who supports the family and lay caregivers.
Mobile Outreach services	<ul style="list-style-type: none"> • Mobile palliative care team visits remote health facilities linked to the parent health facility, to see patients who cannot travel long distances to access care. • Referral system is in place to arrange visits to patients too sick to reach the mobile service, to be seen at home.
Outpatient Care	<ul style="list-style-type: none"> • Palliative care is offered for ambulatory patients at clinics. • Specialised palliative care team or health care workers at a clinic can provide palliative care.
Day Care Palliative services	<ul style="list-style-type: none"> • Ambulatory patients spend one or more days at a centre, which may be independent or attached to another service (e.g. a hospital or a clinic). • Programmes may be offered to assist patients and families in coping with the illness.
Frail Care	<ul style="list-style-type: none"> • Palliative care is offered in frail care <ul style="list-style-type: none"> ○ It can be provided by a specialist team which may visit or ○ In- house staff trained in palliative care.



health

Department:
Health
REPUBLIC OF SOUTH AFRICA



What is Home based care



- Home based care is defined as the provision of **comprehensive services**, which include **health** and **social services** by home based carers in order to promote, restore, maintain a person's maximum level of comfort and health including care towards a dignified death.
- Home based care services can be classified as:
 - Preventive
 - Promotive
 - Therapeutic
 - Rehabilitative
 - Long-term maintenance
 - Palliative care categories
- Home based care services provide basic support to help people to continue to live in their community and without which they would have been either prematurely moved to institutional care

Goal of HCBC :

- To reduce unnecessary visits and admissions to health facilities
- To ensure that children and families who are affected by chronic disease access social welfare services within their communities

Roles of Home Based Carers



Categories of services	Activities
Conduct Home visits	<ul style="list-style-type: none"> • Asses health and other social needs. • Identify beneficiaries in need of care • Provide basic nursing and palliative care • Do house chores where necessary • Provide information, education and communication (IEC material) • Develop care plans with assistance from supervisors
Provision of psychosocial support	<ul style="list-style-type: none"> • Provide counseling to address the psychosocial needs of the children, individuals and families (emotional and spiritual wellbeing, bereavement etc.)
Provision of treatment support	<ul style="list-style-type: none"> • Promote and educate on healthy lifestyle • Provide adherence support including coordination of adherence clubs (new role) • Chronic illness treatment supervision (HIV and TB and NCDs) • Trace defaulters to improve linkage and retention in care across the care cascade. • Promoting peer support intervention (I-ACT) for newly initiated (0-6 months)
Referral for appropriate services	<ul style="list-style-type: none"> • Conduct and record referrals and outcomes • Establish and maintain referral Networks / Liaison with relevant stakeholders e.g. HTS sites for testing, treatment sites to access treatment, support group, support development service points for further psychosocial support etc.
Prevention, awareness and education	<ul style="list-style-type: none"> • Participate in outreach and social mobilization activities. • Conduct door to door campaigns. • Address discrimination, stigmatization and disclosure related problems.
Monitoring and Evaluation	<ul style="list-style-type: none"> • Complete their monthly tally sheets to measure their performance



health

Department:
Health
REPUBLIC OF SOUTH AFRICA



HIV/AIDS, TB & NCDs care and treatment package



Prevention	Case finding and Linkage to care	Retention to care
<ul style="list-style-type: none"> •Provide information on HIV transmission, including symptoms •Promote regular HIV testing •Distribute and demonstrate how to use male and female condoms. •Encourage and recruit clients for voluntary medical male circumcision. 	<ul style="list-style-type: none"> •Provide pre-test and post-test counseling. •Screening for HIV, TB and NCDs •If positive provide physical linkage to care at facility. •Index case finding and testing. •Support HIV patients on treatment and encourage disclosure. 	<ul style="list-style-type: none"> •Trace early, late missed appointment and treatment defaulters and physically link them back to care •Establish and facilitate treatment support groups •Establish and facilitate treatment adherence clubs •Provide home-based care for those in need.



THANK YOU



health

Department:
Health
REPUBLIC OF SOUTH AFRICA

